



GMCKS Arhatic Yoga

The Yoga of synthesis

Level 1 & 2

Arhatic Yoga is a synthesis of techniques designed to help you develop spiritually. When you practice Arhatic Yoga regularly, as you advance, you will achieve Self-Mastery. The practice of the Arhatic Yoga Levels highly activates and balances the properties of the chakras and neutralizes your negative tendencies.

As the spiritual aspirant is initiated into each levels and their practice continues, their spiritual development accelerates rapidly.



Arhatic Yoga Level 1

This level introduces major spiritual principles in the practice. Using a technique and a specific sequence, each chakra is highly activated to bring forth their latent spiritual and psychological powers.

The sequence of activation ensures that the aspirant lower nature is under the control of their higher nature.

After learning the activation technique, the chakras become activated to a very high degree, increasing the power of the chakras many times.

Arhatic Yoga Level 2

This level uses the activated chakras to closely link the chakras in a special sequence that produces a very powerful synergy through the linking of the different properties of the chakras.

The purpose of interconnecting the activated chakras through this spiritual alchemy is to become a better person spiritually, mentally, emotionally and physically.

The purpose of spiritual practice is to accelerate the evolutionary development of the soul so that the person can be of better service to mankind and the planet. There many added benefits along the way such as divine bliss, divine oneness and divine ecstasy!

Personal Benefits

Balanced Personality. The teachings of Arhatic Yoga allows one to ones spiritual powers and work and enhance one's material life at the same time. One does not have to choose one over the other!

Enhanced Intuition. With the development of the Spiritual Cord and greater levels of Soul contact, one is able to tune in to higher dimensions easier.

Mental, Emotional Clarity. Intense purification techniques enable the practitioner to have a clear, sharp, practical mind and more stable emotions.

Experience A Healthier You. Special meditations make the different subtle bodies stronger and more vibrant so the participant can easily resist and repel negative and sick energies.

Increased Healing Powers. With a clean aura and powerful chakras more healing energy can be channelled.

Increased Abilities to help others. With highly activated chakras and new found synchronicity between them, one becomes a more effective divine channel.