



# The Institute for Inner Sciences Australia



Imagine if you knew and understood the Laws of the Universe

## Pranic Energy Healing Level 3

Psycho - Emotional Techniques and Treatments

The third course reveals techniques that will assist you in creating more joy, happiness and abundance in your life. Specifically, this unit provides you with the ability to release old conditioning and belief patterns as well as negative thoughts and emotions like fear, anger and resentment that may be limiting you from your greater potential.

During the workshop you will get detailed knowledge of the chakras, the way they affect our behavior to obtain an in-depth understanding of ourselves. You will also learn powerful concepts, principles and techniques of healing the emotions and the psyche. You will also learn how to create Energy shields to protect your Peace of Mind and avoid negative effects of negative thoughts aimed towards us as well as others taking our energy. You will learn:

- Access energy of the Higher Self and miracles can become everyday events.
- Disintegrate negative energies that cause:
  - Compulsive behaviors
  - Phobias
  - Addictions (such as smoking, alcoholism, food, sugar, gambling, and reliance on drugs of all kinds).
- Remove negative programming acquired during childhood that could be holding you from success
- Shielding techniques to protect your chakras, aura and other possessions
- Remove the negative influences (envy, jealousy, anger etc.) of other people
- Develop effective strategies to sustain happiness and well being at all levels.
- Treat relationships, businesses, finances, and environments.
- Psychological functions of the major chakras
- How to de-clutter your mind and have more peace;
- Dissolve negative thoughts and emotions;
- Healing of self and others for:
  - Addictions;
  - Fear and Phobias;
  - Traumas;
  - Shame and Guilt;
  - Grief;
  - Depression;
  - Anxiety and Stress;
- Techniques for Relationship healing

You will learn how to remove a multitude of emotional and psychological patterns that can be affecting you and others negatively.

PRANIC ENERGY HEALING Level 3 is applied in healing and alleviating emotional and psychological ailments. Negative emotions and traumatic experiences are essentially negative thought forms and emotional entities lodged on to the aura and the critical energy centers. This course offers you the ability to quickly and safely release these crippling energetic patterns.

This Course can be taken individually or at a reduced fee as part of a Program or Package.