



# The Institute for Inner Sciences Australia



Imagine if you knew and understood the Laws of the Universe

## Soul Realisation

This Course is open to the PUBLIC - No prior training is required. Facilitated by Karen Mileto.

Know Your True Essence & Divinity. Experience Inner Peace, Bliss & Oneness with All.....

Ancient techniques, kept secret for centuries, will be revealed and taught to the public for the very first time. These techniques allow you to accelerate the Union of your incarnated soul (often described as the personality or lower self) with your Higher Soul (Higher Self). This phenomenon is known as "Soul-Realization", "Enlightenment" or "Self-Realization".

This presentation is open to the general public and there are no prerequisites to attend, except for a desire to learn how to enhance and deepen your connection to the Soul. The teachings shared during this course are usually only revealed to inner disciples in ancient schools. The Great Masters believed that people are ready to make a major shift in consciousness and ought to be given techniques to experience Divine Bliss, Divine Love and Light and be able to do so in a few years rather than after many lifetimes! The techniques given out during this course assist the student to accelerate the union between the incarnated soul and the Higher Soul (Higher Self).

The student will discover the nature of their Soul and its journey through timeless reincarnations. Knowledge is shared about the existence of permanent seeds in the energy body and how these influence physical, emotional, mental and spiritual aspects of our lives. They are equivalent to energetic DNA recorders, which influence the formation of our subtle bodies (energy bodies).

This course accelerates the process of developing the spiritual bridge or antahkharana, which connects the incarnated Soul to the Higher Soul. With regular practice the information passing from the Higher Soul to the incarnated soul is greatly facilitated. As a consequence, the abstract mind is vivified and potentised, the intuitive faculties are enhanced and inner stillness, bliss, expansion of consciousness, self worth, self confidence and awareness of one's place in the Universe and Oneness with all is sustained.

- Being One with our Higher Soul, we become One with the "I AM" --
- The Higher Soul is an aspect of "God's" Divinity within each of us --
- The saying "We are made in the image of God" refers to the Higher Soul, not the physical Body --

This course is designed to allow students to maintain their own religious or philosophic beliefs and practices. Students may even improve or become more dedicated to their faith through the teachings and spiritual development contained within this course.

- Learn to experience Peace, Calmness and Clarity in the midst of a busy and chaotic work/home environment
- Invite your loved one to practice together and experience Spiritual Intimacy and reignite your love for each other
- Learn how to release old emotional baggage and create positive changes in all your relationships
- Use Words of Power (mantras) to quickly achieve Inner Stillness
- Experience "Coming Home and Being One with All"
- Experience the unique state of Total Peace and Expansion of Consciousness and Awareness within minutes.
- Discover the Nature of Your Soul and its journey through timeless incarnations.
- Learn how your Soul chooses your parents and place of birth
- Know the exact location of the 12th Chakra and its function
- Experience the Inner Light and Intense Bliss of the "Blue Pearl" or the "Seed of Consciousness" within you.
- Learn the existence of energetic seeds in your auric field and how they affect your Spiritual, Mental, Emotional and Physical lives. These "energetic DNA recorders" contain the "blueprints" for the formation of your energy and physical bodies.
- Increase the size of the "communication cable" between your Higher Soul and incarnated soul. This is seen in religious pictures as a shaft of light coming down to an illuminated halo. It is also depicted as the "Descent of the Holy Spirit" in Christian terminology.
- Experience your Soul in everyday life.
- Discover Secrets of your 3 Silver Cords, Inner Caduceus and how it is related to Safely Awakening the Kundalini Shakti.

"The teachings contained within this course would take years of diligent study if the student was left alone to research the information themselves. If you only ever do one course - then in my humble opinion, this is the course you should choose. This course changed the direction of my life in the "best" possible way. It uplifted, enriched and inspired me in ways I could only have imagined".

Its my greatest pleasure to share this priceless gift with you.

Karen Mileto

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This Course can be taken individually or at a reduced fee as part of a Program or Package.